

# OAKLAND CARE MENU

Week One



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST

Full English Breakfast  
Selection of Cereals,  
Fruits, Yoghurts, Pastries  
& Preserves

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LUNCH

Cream Of Parsnip Soup  
or  
Sliced Watermelon with  
Winter Berries

Roasted Pumpkin Soup  
or  
Chicken Liver Pate with Chutney  
& Toast Fingers

Broccoli & Stilton Soup  
or  
Pea Arancini with Mint Yogurt

Leek & Potato Soup  
or  
Devilled Eggs with Watercress  
Salad

Cream of Tomato Soup  
or  
Warm Mushroom, Bacon &  
Rockette Salad

Chicken Noodle Soup  
or  
Spiced Pear & Brie Bruschetta

Roasted Carrot & Coriander  
Soup  
or  
Atlantic Prawn Cocktail with  
Marie Rose, Lemon & Paprika

Slowly Braised Beef  
Bourguignon  
or  
Lentil and Mushroom Ragu

Fisherman's Pie with Star Gazey  
Cheese Mashed Potatoes  
Or  
Cheese & Onion Quiche

Toad in the Hole with Mustard  
Gravy  
or  
Vegetable Stew with Herb  
Dumplings

Creamy Chicken Pie with Puff  
Pastry  
or  
Squash & Rosemary Pasta Bake

Hand Battered Cod with  
Tartare Sauce & Lemon  
or  
Potato and Red pepper  
Omelette

Honey & Mustard Baked Ham  
with a Parsley Sauce  
or  
Lentil Cottage Pie

Roast Topside of Beef &  
Yorkshire Pudding with Gravy  
or  
Broccoli & Parmesan Risotto

Parsley Mashed Potatoes  
Crushed Celeriac  
Buttered Swede

Steamed Broccoli  
Roasted Carrots

Sweet Potato Gratin  
Braised Red cabbage  
Parsnip Crush

Herby Diced Potatoes  
Sauté Leeks  
Savoy Cabbage

Seasoned Chips  
Mushy Peas

Baby New Potatoes  
Carrot & Swede Crush  
Buttered Green Beans

Roast potatoes  
Garden Peas  
Cauliflower Cheese

Homemade Milk Cake  
Or  
Fruit Fool

Blueberry Frangipane Tart  
Or  
Butterscotch Mousse

Apple Pie with Custard  
or  
Fruit Jelly

Steamed Jam Sponge  
Or  
Baked Egg Custard

Rice Pudding with Fruit Jam  
Or  
Peaches & Cream

Plum & Cherry Crumble with  
Custard  
Or  
Coffee Éclair

Lemon & Ginger Sponge  
Or  
Oakland Ice cream Sundae

DINNER

Moroccan Red Lentil  
& Tomato Soup

Oxtail Soup with Carrot

Cream Of Vegetable Soup

Minestrone Soup

Split Yellow Pea Soup

Garden Pea & Ham Soup

Cream of Cauliflower Soup

**Oakland Care Supper Choice  
Menu**

Maid of Honour Tart  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

Fresh Cream Meringue  
With Raspberry Compote  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

Mini Red Velvet Cake  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

Raspberry Torte  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

Mini Carrot Cake  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

Milk Jelly  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

Chocolate truffle torte  
or  
Fresh Fruit Salad  
or  
Ice Cream Selection

## RESTAURANT MEALTIMES

Breakfast 8-10am

Lunch – 12-2pm

Dinner – 5pm-6.30pm

## FEELING PECKISH

Our bistro is stocked 24 hours a day for you to enjoy. Please feel free to help yourself or ask a member of the team to assist you.

Fresh Pastries are baked between 9-11am and fresh cakes are available from 3pm-5pm

## ALLERGIES

If you have an allergy or an intolerance, please inform a member of the team so we can assist you

## WE LOVE FEEDBACK

We hope you love living and dining with us and we are always after ways to improve our service. Please feel free to feedback to a member of our team or use the comments cards or books located in the dining rooms.